



Grays Harbor County

WIC Facts: FFY 2004

Infants Born Served by WIC

County..... 70.5%
Statewide..... 48.6%

Women, Infants and Children Served

Total: 4,023

Infants and
children under 5..... 2,866

Pregnant,
breastfeeding and
postpartum women..... 1,157

WIC Food Dollar Contribution to Local Economy

WIC Program Food Dollars
\$1,500,493

WIC Farmers Market
Nutrition Program
Food Dollars
\$0

WIC Families

Working families..... 60.1%
WIC households with at least one working family member

Families living in poverty..... 77.2%
Percent of WIC clients with income at or below the federal
poverty level (\$1,307 per month for a family of 3)

WIC Nutrition Education Promotes Healthy Choices

Total nutrition education sessions..... 9,956

WIC nutrition education:

- Emphasizes healthy lifestyle habits so families can eat better and stay active now to prevent obesity and other chronic diseases later in life.
- Promotes breastfeeding for the first year of life. And, with the breast pump loan program, helps mothers continue to breastfeed after returning to work or school.
- Helps prevent early childhood caries by screening for early signs of poor oral health, giving parents ideas for healthy snacks and stressing the importance of dental care by age one.



WIC Attracts Families to Preventive Health Services

WIC referrals..... 21,510

WIC informs families about health related services and provides them with the information and support needed to access them successfully.

* Maternity Support Services

Grays Harbor County

WIC Agencies and Sites

Coastal Community Action Program

Copalis Beach
Elma
Humptulips
Montesano
Ocean Shores

Grays Harbor County Public Health and Social Services

Aberdeen

Pacific County Public Health and Human Services Department

Grayland

Quinault Indian Nation

Taholah

South Puget Intertribal Planning Agency

Chehalis Tribal Health Center

WIC Authorized Grocery Stores

Amanda Park Mercantile
Everybody's
Gordon's Select Market
Harry's Grocery
Northshore Grocery
Ocean Shores IGA

Pick-Rite Thriftway
Safeway
Swanson's Foods
Taholah Mercantile
Teds Red Apple
TOP Foods

WIC Authorized Farmers Markets